



**दक्षिण रेलवे Southern Railway**  
**प्रधान मुख्य कार्मिक अधिकारी कार्यालय**  
**Office of the Principal Chief Personnel Officer**  
**प्रधान कार्यालय, कार्मिक विभाग, चेन्नै-600003**  
**Headquarters, Personnel Department, Chennai-600003**

सं/No.SR-HQ0HR(MEDL)/102/2021(C.No 177979)

दिनांक/Dated:14.02.2025

All PHODs/ DRMs/ CMS/ Dy.CPOs/ Sr.DPOs/Secy to GM,  
Chairman/RRB/MAS,TVC, Addl.Registrar/RCT/MAS, ,  
Principal MDZTI/TPJ, DPOs/SPOs/WPOs/APOs of HQ/Divisions /Workshops/Units.

**विषय/Sub :Syllabus for the post of Field Worker in Level- 2 of VII<sup>th</sup> CPC**  
**Against 50% (General Selection) quota- Medical Dept- reg.**

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The Syllabus for the post of Field Worker in PML-2 against 50%  
(General Selection) is uploaded for information, guidance and necessary  
action.

This has the approval of competent authority.

संलग्नक/Encl.01 page

Digitally Signed by M Syed  
Sirajuddin

Date: 14-02-2025 18:52:13

Reason: Approved

(M.Syed Sirajuddin)

**सहायक कर्मचारी संबंधी अधिकारी/Asst. Personnel Officer /SMO.**

**कृते प्रमुकाधि/for Principal Chief Personnel**

**Officer**

प्रतिलिपि/Copy to: The General Secretary/SRMU  
The General Secretary/DREU  
The General Secretary/AISCTREA  
The General Secretary/AIOBCREA  
The General Secretary/NFIR  
IT Section/PB/HQ - to upload in the SR website.

**SYLLABUS FOR CONDUCTING THE  
SELECTION FOR THE POST OF FIELD  
WORKER – ( FAMILY WELFARE )**

- .Physiology of Conception
- Contraception – various methods
- National Immunization Schedule - EPI
- Nutrition
- Antenatal and Post natal Care
- Target groups for Family Planning
- Incentives for accepting small family norm – Special  
Casual Leave, Cash Incentive, Concession on interest on  
HBA
- Maternity Leave, Paternity Leave, Leave for  
Recanalisation, & IUD Insertion.
- Personal Hygiene,
- Communicable and Non- Communicable Diseases
- HIV/AIDS
- Vital Statistics – Birth Rate, Death Rate, IMR, MMR etc.
- Organizational Chart for Family Welfare Branch and the  
Medical Department.
- Record keeping – Maintenance of Various records viz.  
Registers, Health cards, Reports

*Chander 9/11*

Dy. comm (HFW) m